

Sports Medicine

2016 Papillion LaVista Public Schools (Grades 7-12) Pre-Participation Sports Physicals



Physical Evaluation Includes:

Height, Weight, Vision and Blood Pressure
Musculoskeletal Exams conducted by Physical Therapists and Athletic Trainers
Pre-Participation physical exams conducted by an Alegent Creighton Clinic Family Physician
and an Orthopedic Physician

Date and Times

Wednesday, July 13, 2016; 6:00pm-9:00pm
Wednesday, July 20, 2016; 6:00pm-9:00pm
Wednesday, July 27, 2016; 6:00pm-9:00pm
(Appointments are every half hour, with 40 athletes maximum per 30 minute time slot)

Location

Midlands Hospital
11111 South 84th Street
Papillion, NE 68046
(Physical Therapy/Cardiac Rehab/Wellness Center, 1st Floor)

Cost

\$20 per athlete.
Cash or check accepted. Money will be collected at check-in.

Registration

Online at <https://chihealth.gosignmeup.com/Public/Course/Browse>
Choose "Health and Wellness"
Choose "Sports Physical Papillion Public Schools"
***Space is limited, and registration is required.**

***There are two Pre-Participation Physical Forms found on www.chihealth.com/sportsphysicals
that must be filled out completely and brought with you to your appointment.**